



# Regional Institute of Education (NCERT) Mysuru-570006

Two Days Symposium on

## Experiential and Embodied Learning Approaches in Special Education under NEP 2020:

Integrating Theatre and Yogic Pedagogy  
in Science Education for Learners with Disabilities

29<sup>th</sup> and 30<sup>th</sup> September 2026



### THEATRE

Creative Expression  
Inclusion



### YOGA

Well-being  
Inner Balance



### SCIENCE PEDAGOGY

Inquiry • Exploration  
Understanding



### INCLUSION

Equity • Accessibility  
Participation



### HOLISTIC DEVELOPMENT

Cognitive • Emotional  
Physical • Social

### MODALITY

- Faculty Members of Universities, Colleges, Institutes, and Schools; Research Scholars; Special Educators; and Students.
- Fully off-line mode for two days, Tuesday and Wednesday
- Three sessions of 90 minutes duration/day From 9:00 am to 5:30 pm, Two days
- Attendance is compulsory
- No registration fee
- Lunch & Tea will be provided

### OBJECTIVES: After symposium participants will

- To explore the significance of experiential and embodied learning approaches in inclusive education under National Education Policy 2020.
- To examine the role of art and theatre-based pedagogy in promoting inclusive and participatory science education for learners with disabilities.
- To understand the educational benefits of yogic practices in enhancing cognitive, emotional, physical, and social development among children with special needs.
- To discuss innovative strategies for integrating theatre and yoga into science pedagogy in inclusive classrooms.
- To provide a multidisciplinary platform for educators, researchers, practitioners, and policymakers to share research findings, pedagogical innovations, and best practices in inclusive education.
- To encourage the development of holistic, accessible, and learner-centered teaching methodologies that support the vision of inclusive education under NEP 2020.

## SYMPOSIUM PROGRAMME SCHEDULE

### DAY 1 – 29 SEPTEMBER 2026

Time	Programme Name
08:30 – 09:00	Registration of Participants
09:00 – 10:00	Inauguration Session
10:00 – 10:30	Session 1: Inclusive and Equitable Education under NEP 2020: NCERT's Vision, Initiatives, and Future Directions
10:30 – 11:00	Session 2: Advancing Inclusive Education through RCI and NEP 2020
11:00 – 11:10	Morning Tea Break ☕
11:10 – 01:00	Technical Session I – Paper Presentations (06 Papers)
01:00 – 01:45	Lunch Break 🍴
01:45 – 02:15	Session 3: Advancing Inclusive Science Pedagogy Education for Diverse Learners under NEP 2020
02:15 – 03:25	Technical Session II – Paper Presentations (04 Papers)
03:25 – 03:40	Tea Break ☕
03:40 – 05:30	Technical Session III – Paper Presentations (04 Papers)

### DAY 2 – 30 SEPTEMBER 2026

Time	Programme Name
09:00 – 09:30	Session 1: NCERT's Role in Fostering Holistic Development for All Learners
09:30 – 10:00	Session 2: Art and Theatre-Based Pedagogy in Inclusive Education
10:00 – 11:00	Technical Session I – Paper Presentations (03 Papers)
11:00 – 11:10	Morning Tea Break ☕
11:10 – 01:00	Technical Session II – Paper Presentations (07 Papers)
01:00 – 01:45	Lunch Break 🍴
01:45 – 02:15	Session 3: Yoga as a Transformative Educational Practice Aligning with the Vision of NEP 2020
02:15 – 03:25	Technical Session III – Paper Presentations (03 Papers)
03:25 – 03:40	Tea Break ☕
03:40 – 04:30	Technical Session IV – Paper Presentations (03 Papers)
04:30 – 05:30	Valedictory Function and Award Distribution

## HOW TO APPLY

Activity	Date
Abstract Submission (Maximum 200 Words)	15 <sup>th</sup> July 2026
Notification of Acceptance	31 <sup>st</sup> July 2026
Full Paper Submission	30 <sup>th</sup> August 2026
Confirmation of Paper Acceptance	15 <sup>th</sup> September 2026
Conference Registration Deadline	20 <sup>th</sup> September 2026



### Registration Link

<https://docs.google.com/forms/d/e/1FAIpQLSfZfoDnMWTvs8DeYQYB5cgQwTeRyMNRNxde5ZIOoOkvIBIMhA/viewform?usp=dialog>

## CONTACT US

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Let us collaborate to create inclusive,  
experiential and transformative  
learning environments for all learners.